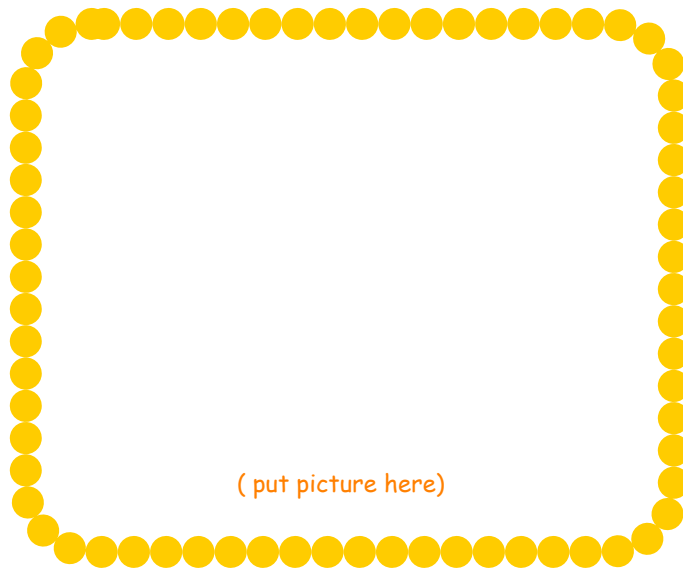


All About Me

Family booklet



(put picture here)

Young person's name

.....

Your name

.....

This is a booklet to help you think about the young person's life and plan towards their transition to high school

You can record information about the young person in whatever way you want, you can write, draw, use photos or pictures. Please include...

the things they like and things they don't like

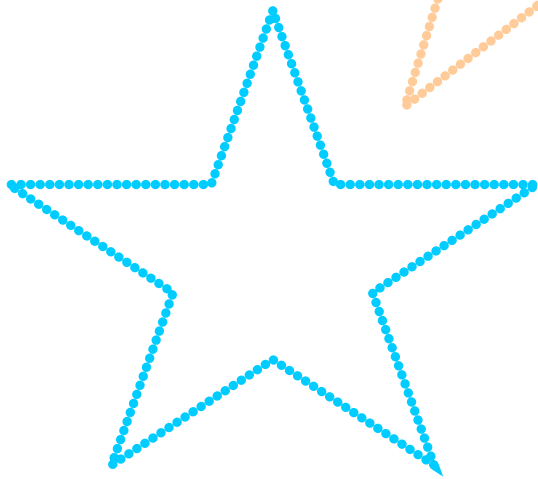
things that are important to the young person, things they want to stay the same and those they want to change

their hopes and dreams for the future

Use the blank pages and add extra pages if you need to.



You may want to take copies of the pages to keep at home

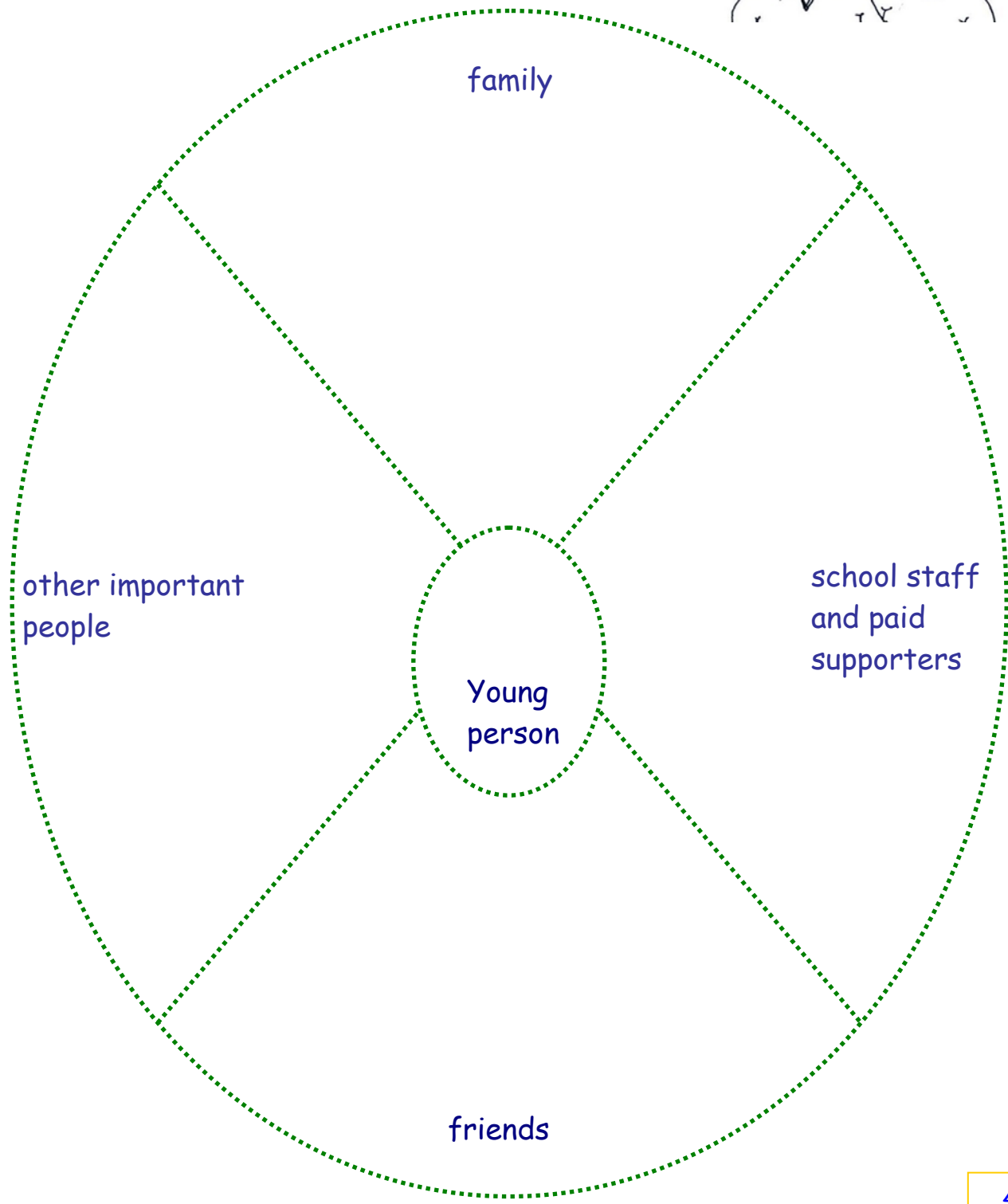


What you like and admire
best about
put your words in the stars.



Important people in life

Put names or pictures in the spaces. Only place people on this page you feel sure the young person would want on.



What is important to now

What likes to do

At home...



A large, empty rounded rectangular box with a dark green border, intended for writing about activities at home.

Just for fun/with friends...



A large, empty rounded rectangular box with a light green border, intended for writing about activities for fun or with friends.


At any other important places they go... including school




A large, empty rounded rectangular box with a dark purple border, intended for writing about activities at other important places, including school.

What is important to now


Music




Hobbies




Food



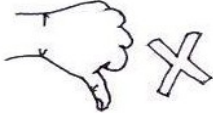
Drink



Tes




What they really **don't** like at home or elsewhere



What is important to now



How gets to and from school

Things they **like** about school are...

Things they **dislike** about school



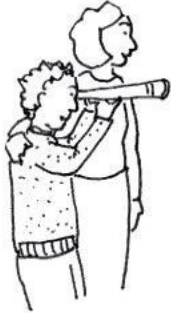
What is important to now

Since last year has got better at

What do you think would like to get better at? What help will they need to do this?

Important to for the future

What are hopes and dreams for the future?



What do you wish for
in the future?

Important to for the future

..... would be happy if

..... would not be happy if

Other things would really love to do or have



Staying healthy and safe

What can do for themselves



What would like to be able to do for themselves

What help needs to do these things

Communication

What does when they are feeling



Happy..

Sad...

Frustrated..

Angry...

Unwell or in pain...

Communication

What people should do if..... is

Unwell or in pain

.....

.....

.....

.....

.....

.....

.....

.....

Sad or upset

.....

.....

.....

.....

.....

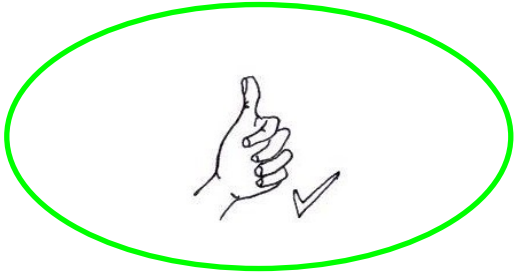
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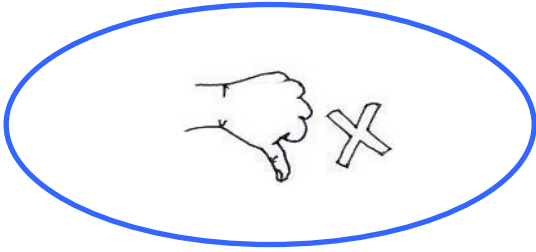
Things you should never do...





What is working in
..... life now

What do you think would want to stay the same in their life?

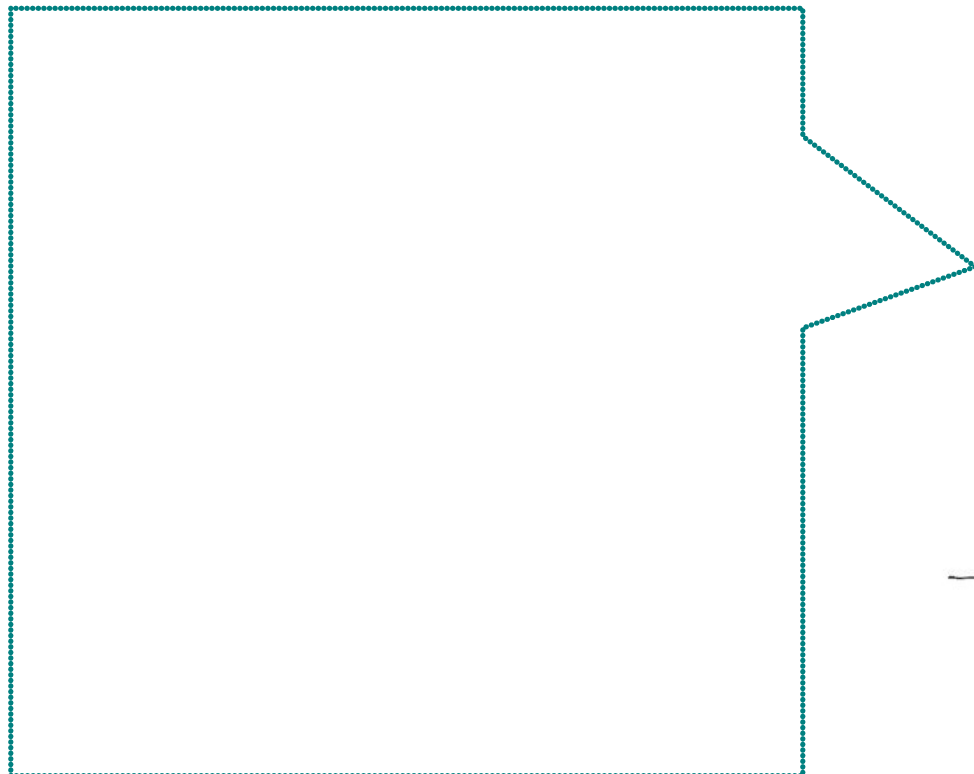
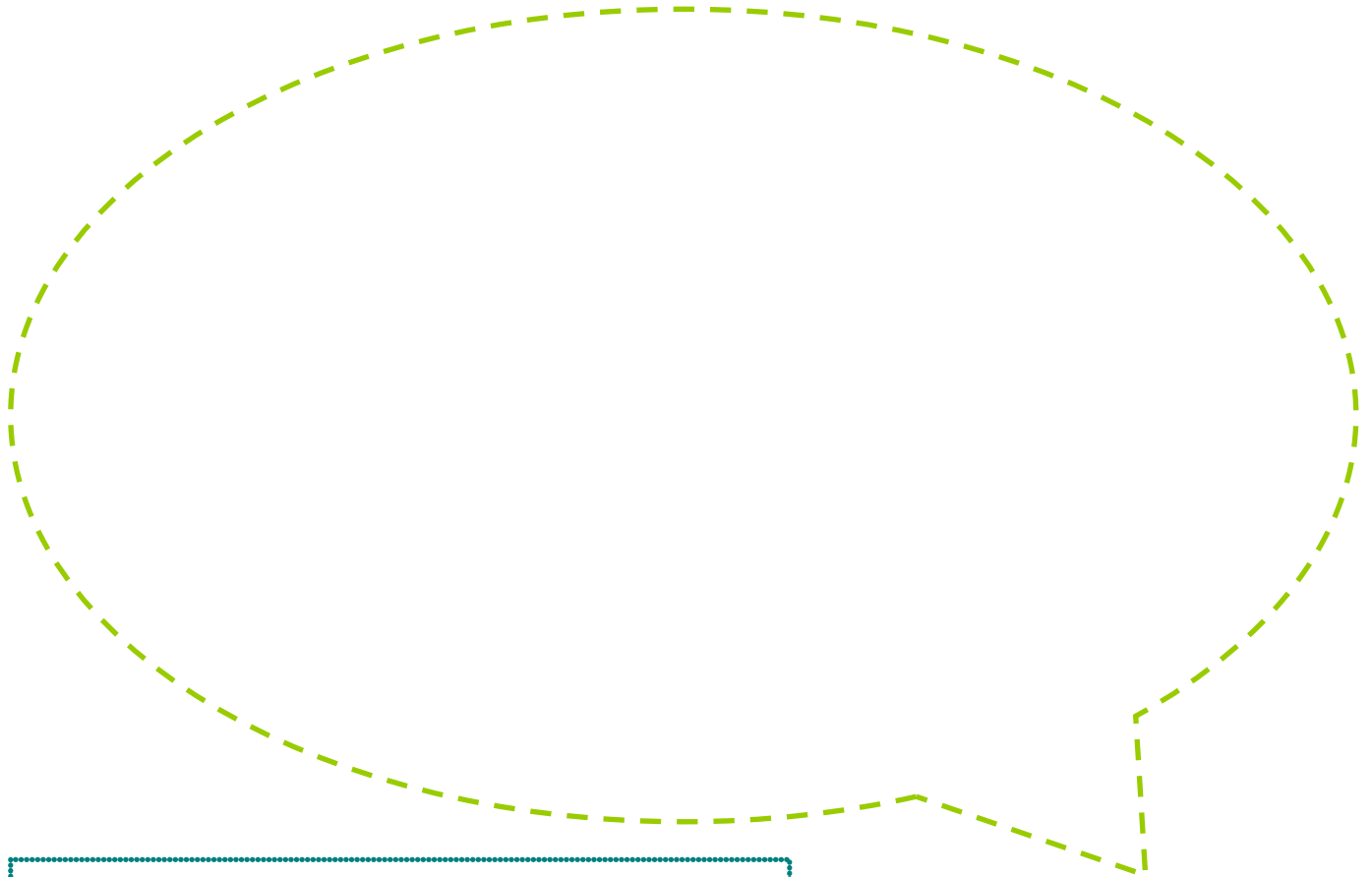


What is not working in
..... life now

What do you think..... would want to change in their life?

Questions to ask Issues to resolve

Make a list of anything you want to find out about.





Workbook developed by: Niki Marshall, Diane Staniforth and Ruth Mathiesen based on the year 9 Person Centred Review process by Helen Sanderson.



Sheffield Care Trust



Joint Learning Disabilities Service



helensandersonassociates

We are happy for you to copy and adapt this book as long as the authors and organisations are acknowledged.